
Karish cheese — Specification



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Karish cheese — Specification

1 Scope

This African Standard specifies the requirements, sampling and test methods for Karish cheese intended for direct human consumption or for further processing.

2 Normative references

The following standards are referred to in the text in such a way that some or all of their content constitutes requirements of this Standard. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced standard (including any amendments) shall be applied.

ARS 53, *General Principles of Food Hygiene – Code of practice*

ARS 56, *Labelling of Prepackaged Foods*

ARS 1034, *Dairy Industry-Glossary of terms*

CXS 192, *General Standard for Food Additives*

CXS 193, *General Standard for Contaminants and Toxins in Food and Feed*

ISO 707, *Milk and milk products — Guidance on sampling*

ISO 6579-1, *Microbiology of the food chain — Horizontal method for the detection, enumeration and serotyping of Salmonella — Part 1: Detection of Salmonella spp.*

ISO 6888-1, *Microbiology of the food chain — Horizontal method for the enumeration of coagulase-positive staphylococci (Staphylococcus aureus and other species) — Part 1: Method using Baird-Parker agar medium*

ISO 11290-1, *Microbiology of the food chain — Horizontal method for the detection and enumeration of Listeria monocytogenes and of Listeria spp. — Part 1: Detection method*

ISO 14501, *Milk and milk powder — Determination of aflatoxin M₁ content — Clean-up by immunoaffinity chromatography and determination by high-performance liquid chromatography*

ISO 16649-1, *Microbiology of food and animal feeding stuffs — Horizontal method for the enumeration of beta-glucuronidase-positive Escherichia coli — Part 1: Colony-count technique at 44 degrees C using membranes and 5-bromo-4-chloro-3-indolyl beta-D-glucuronide*

3 Terms and definitions

For the purposes of this document, the terms and definitions given in ARS 1034 and the following shall apply.

Karish cheese

soft un-ripened cheese obtained by coagulating of pasteurized fresh, concentrated, dried milk or combination of its fresh products & dried and pasteurized or treated by any equivalent heat-treatments to pasteurization.

4 Requirements

4.1 Raw materials

Raw materials and ingredients used shall comply with relevant standards.

4.1.1 Essential raw materials

- a) Cow milk, buffalo milk, goat milk, sheep milk or their mixtures, and products obtained from these milks.
- b) Starter cultures of harmless lactic acid and/ or flavour producing bacteria and cultures of other harmless microorganisms.
- c) Rennet or other safe and suitable coagulating enzymes.
- d) Sodium chloride and potassium chloride or calcium chloride as a salt substitute.
- e) Potable water.
- f) Safe and suitable enzymes to enhance the ripening process.

4.1.2 Optional raw materials

- a) Safe and suitable processing aids.
- b) Herbs and spices.
- c) Rice, corn and potato, flours and starches: Notwithstanding the provisions in ARS 1073, these substances can be used in the same function as anti-caking agents for treatment of the surface of cut, sliced, and shredded products only, provided they are added only in amounts functionally necessary as governed by Good Manufacturing Practice.

4.2 General requirements

Karish cheese shall:

- a) have a smooth and homogeneous texture, not spongy, which crumbles or spreads on slicing,
- b) contain few irregular small holes or no holes,
- c) have tangy and salty flavour, and
- d) be free from dirt, foreign matter and without off- flavours and textural defects.

4.3 Compositional requirements

Karish cheese shall meet the compositional requirements given in Table 1 when tested in accordance with the test methods specified therein. Karish cheese may be classified as identified in Table 1 and meet the compositional requirements, as shown.

Table 1— Compositional requirements for Karish cheese

Composition	Requirement	Test method
Moisture, percent by mass, max	75	ISO 23319
Milk fat, percent by mass (on dry basis), max.	10	ISO 23319
Protein, percent by mass (on dry basis), min.	10	ISO 8968-1

5 Food additives

Food additives may be used in Karish cheese in accordance with CXS 192 – Category 01.6.1 (Un-ripened cheese).

6 Contaminants

6.1 Heavy metals

The products covered by this African Standard shall comply with those maximum limits for metal contaminants specified in CXS 193.

6.2 Aflatoxins

When tested in accordance with ISO 14501, the level of aflatoxin M₁ shall not exceed 0.50 µg/kg.

6.3 Pesticides residues

Pesticide residue limits shall be in accordance with limits set by the Codex Alimentarius Commission for the product.

6.4 Veterinary drug residues

Veterinary drug residue limits shall be in accordance with limits set by the Codex Alimentarius Commission for the product.

7 Hygiene

The products covered by this African standard shall be produced, prepared and handled in accordance with the provisions of the appropriate sections of ARS 53 and ARS 1036.

Karish cheese shall be free from microorganisms and products originating from microorganisms in amounts which may represent a hazard to human health.

Karish cheese shall comply with microbiological limits given in Table (2) when tested in accordance with the test methods specified therein.

Table 2 — Microbiological limits for Karish cheese

Food category	Micro-organisms	Sampling plan		Limits		Test method reference	Stage of analysis
		n	c	m	M		
Un-ripened cheese	Salmonella	5	0	Absence in 25 g		ISO 6579-1	On the market during the shelf-life and during handling
	Listeria monocytogenes	5	0	Absence in 25 g		ISO 11290-1	On the market during the shelf-life
	Coagulase-positive staphylococci	5	2	10 ² cfu/g	10 ² cfu/g	ISO 6888-1	End of the production process
	Escherichia Coli	5	1	10 ² cfu/g	10 ³ cfu/g	ISO 16649-1	On the market during the shelf-life
n = number of units comprising the sample c = number of sample units giving values between m and M m= The level of the required MCR in the product M= Value or level of microbial limit not to be reached or greater than in any unit of the sample							

8 Packaging

Karish cheese shall be packaged in suitable food grade containers which will safeguard the hygienic, nutritional, technological, and organoleptic qualities of the product during dispatch, transport and use of the product until the end of its shelf life.

9 Labelling

In addition to the provisions of ARS 56 and ARS 1034, the following specific provisions apply:

9.1 Name of the food

The name of the food shall be Karish cheese, provided that the product is in conformity with this Standard. Where customary in the country of retail sale, alternative spelling may be used.

The use of the name is an option that may be chosen only if the cheese complies with this standard. Where the name is not used for a cheese that complies with this standard, the naming provisions of the Cheese – Specification, ARS 1073.

9.2 Declaration of milk fat content

The milk fat content shall be declared in a manner found acceptable in the country of sale to the final consumer, either (i) as a percentage by mass, (ii) as a percentage of fat in dry matter, or (iii) in grams per serving as quantified in the label provided that the number of servings is stated.

10 Methods of sampling

For checking the compliance with this standard, the methods of sampling contained in ISO 707, shall be used.

Bibliography

ES 1008-4, Soft cheese- Part 4 (Karish-cheese)